

**January 2012
Piscataway
Middle School Menu**

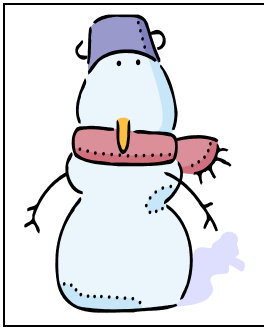
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Breakfast
Egg & Cheese on English Muffin
Energy Zone
Beef Burrito
And all the Fixins
Burger Zone
Buffalo Chicken Sandwich
Pizza Zone
BBQ Chicken Pizza
Sub Zone
Veggie Wrap/Egg Salad on Mixed Greens

Breakfast
Egg & Cheese on English Muffin
Energy Zone
Pork Cutlets
With Mashed Potato
Burger Zone
Buffalo Chicken Sandwich
Pizza Zone
BBQ Chicken Pizza
Sub Zone
Veggie Wrap/Egg Salad on Mixed Greens

Breakfast
Egg & Cheese on English Muffin
Energy Zone
Chicken Nuggets
With Dinner Roll
Burger Zone
Buffalo Chicken Sandwich
Pizza Zone
BBQ Chicken Pizza
Sub Zone
Veggie Wrap/Egg Salad on Mixed Greens
Traveling Chef Quibbletown
Chicken Alfredo w/ Pasta

Breakfast
Egg & Cheese on English Muffin
Energy Zone
Pasta with
Meatballs
Garlic Bread
Pizza Zone
Pizza Special
Sub Zone
Veggie Wrap/Egg Salad on Mixed Greens

Breakfast
Pancakes w/Syrup
Turkey Bacon
Energy Zone
Chicken Quesedilla
Lettuce and Tomatoes
Burger Zone
Cheese Steak Hero
Pizza Zone
*Hawaiian Pizza
Sub Zone
*Italian Hero / Chef Salad

Breakfast
Egg & Cheese on English Muffin
Energy Zone
Macaroni and Cheese
Burger Zone
Buffalo Chicken Sandwich
Pizza Zone
BBQ Chicken Pizza
Sub Zone
Veggie Wrap/Tuna

Breakfast
Breakfast Burrito w/Egg & Cheese
Energy Zone
Sausage and Peppers
Hoagie
Pizza Zone
Pizza Special
Sub Zone
Veggie Wrap

Breakfast
Breakfast Burrito w/Egg & Cheese
Energy Zone
Stir Fry Chicken
With White Rice
Pizza Zone
Pizza Special
Sub Zone
*Italian Hero / Chef Salad
Traveling Chef Schor
Chicken Alfredo w/ Pasta

Breakfast
Egg & Cheese on English Muffin
Energy Zone
Chicken Parmesan
And Pasta
Mixed Veggie Medley
Burger Zone
Buffalo Chicken Sandwich
Pizza Zone
BBQ Chicken Pizza

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MLK DAY
No School

Breakfast
Egg & Cheese on English Muffin
Energy Zone
Spaghetti & Meatballs
Garlic Bread
Mixed Veggie Medley
Burger Zone
BBQ Beef Rib on Bun
Pizza Zone
Ricotta Pizza
Sub Zone
*Italian Hero / Chef Salad

Breakfast
Waffles w/Syrup & Turkey
Sausage Links
Energy Zone
Beef Nachos over Tostitos Chips
w/ Cheese, Salsa
Sweet Corn
Burger Zone
Twin Hot Dogs
Pizza Zone
Pizza Supreme
Sub Zone
*Italian Hero / Chef Salad

Breakfast
Scrambled Eggs w/ Cheese
Turkey Sausage
Energy Zone
Meatloaf
Garlic Mashed Potatoes
Burger Zone
Buffalo Chicken Sandwich
Pizza Zone
BBQ Chicken Pizza
Sub Zone
*Italian Hero / Chef Salad
Traveling Chef Conackamack
Chicken Alfredo w/ Pasta

Breakfast
Pancakes w/Syrup
Turkey Bacon
Energy Zone
Three Cheese Quesedilla
Lettuce and Tomatoes
Burger Zone
Cheese Steak Hero
Pizza Zone
*Hawaiian Pizza
Sub Zone

Breakfast
Colby Cheese Omelet
Wheat Toast
Energy Zone
Beef Raviolis
Wheat Dinner Roll
Burger Zone
Twin Hot Dogs
Pizza Zone
*Hawaiian Pizza
Sub Zone
*Ham & Provalone Hoagie /
Mandarin Chicken Salad

Breakfast
French Toast w/Syrup
Turkey Sausage
Energy Zone
Grilled Cheese
And Tomato Cheese
Burger Zone
BBQ Beef Rib on Bun
Pizza Zone
Ricotta Pizza
Sub Zone
*Ham & Provalone Hoagie /
Mandarin Chicken Salad

Breakfast
Waffles w/Syrup
Turkey Bacon
Energy Zone
Baked Macaroni & Cheese
Wheat Dinner Roll
Steamed Green Beans & Carrots
Burger Zone
Cheese Steak Hero
Pizza Zone
Pizza Supreme
Sub Zone
*Ham & Provalone Hoagie /

Breakfast
Egg & Cheese on English Muffin
Energy Zone
Beef Tacos
Mixed Veggie Medley
Burger Zone
Buffalo Chicken Sandwich
Pizza Zone
BBQ Chicken Pizza
Sub Zone
Veggie Wrap/Egg Salad
Traveling Chef Quibbletown
Chicken Lo Mein w/ Orange Sauce

Breakfast
Waffles w/Syrup
Turkey Bacon
Energy Zone
Jamaican Beef Patties
Rice Pilaf
Burger Zone
Cheese Steak Hero
Pizza Zone
Pizza Supreme
Sub Zone
Mandarin Chicken

Breakfast
Egg & Cheese on English Muffin
Energy Zone
Buffalo Chicken Fries
Potato Wedges
Wheat Dinner Roll
Burger Zone
Twin Hot Dogs
Pizza Zone
*Hawaiian Pizza
Sub Zone
Turkey & Mozzarella Wrap /
Grilled Chicken Salad

Breakfast
Pancakes w/Syrup
Turkey Bacon
Energy Zone
Baked Ziti w/ Cheese & Beef
Garlic Bread
Mixed Veggies
Burger Zone
BBQ Beef Rib on Bun
Pizza Zone
Ricotta Pizza
Sub Zone
Turkey & Mozzarella Wrap /

AVAILABLE DAILY
Garden Veggie Burger
Cheeseburger, Hamburger
Chicken Strip Wraps
Chicken Patty on Bun
Nachos
Cheese Pizza
*Pepperoni Pizza
Made to Order Deli
Tossed Salad
Fresh & Cupped Fruits
Fresh & Steamed
Vegetable
Choice of Low Fat Milk

PRICES:
Breakfast Full Price
\$1.75
Reduced Breakfast
\$0.30
Lunch Full Price
\$2.75
Reduced Lunch
\$0.40
Extra Milk a La Carte
\$0.75

**Sodexo Food
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