

2018 Fitness Class Schedule

Zumba

Mondays @ 4:30pm

Location: Administration Building
1515 Stelton Road



Yoga

Tuesdays @ 4:30pm

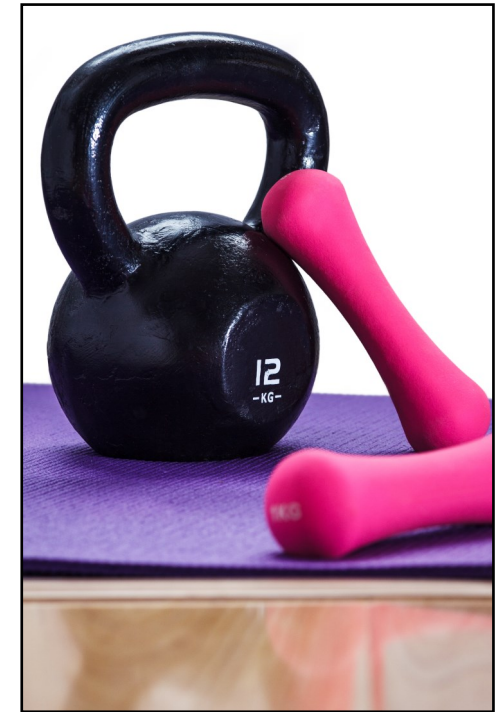
Location: Conackamack Middle
School
5205 Witherspoon St.



Strength Training

Wednesdays @ 4:30pm

Location: Quibbletown Middle
School
99 Academy St.



Zumba, yoga, and strength training classes scheduled to begin September 2018. All classes available at no charge!

Brought to all employees of the Piscataway School
District by the Wellness Committee

