

# Piscataway School District Piscataway High School Menu April 2017

Our menus are aligned with the USDA's  
"Healthier US School Challenge."



Build your own  
Sub with a variety  
of fresh  
ingredients



Week 1 – Turkey & Cheese sub  
Week 2 –Tuna sub  
Week 3 –Ham & Cheese Sub  
Week 4- Italian Sub

3 Southern Chicken & Waffles Corn Fresh Fruit or Fruit Cup Smokin BBQ Riblet Sandwich	4 Buffalo Chicken Patty Sandwich Mozzarella Sticks Marinara Steamed Green Beans Fresh Fruit or Fruit Cup Buffalo Chicken patty Sandwich	5 Loco Beef Fajita w/ Rice Carrot Planks Fresh Fruit or Fruit Cup Philly Cheese Steak	6 Chinese Take Out Chicken Teriyaki Stir Fry Broccoli Florets Fresh Fruit or Fruit Cup Classic Hamburger/Cheeseburger	7 Mozzarella Sticks Marinara Steamed Green Beans Fresh Fruit or Fruit Cup Chicken Patty Sandwich
10 Spring Break	11 Spring Break	12 Spring Break	13 Spring Break	14 Spring Break
17 Spring Break	18 Chicken Drum Basket w/ Biscuit Chick Peas Roasted Carrots Fresh Fruit or Fruit Cup Buffalo Chicken Patty Sandwich	19 Old Fashion Mac & Cheese Breadstick Spinach Salad Fresh Fruit or Fruit Cup Philly Cheesesteak	20 Chicken Lo Mein Broccoli Fresh Fruit or Fruit Cup Classic Hamburger/Cheeseburger	21 Classic Hamburger/Cheeseburger Celery Sticks Fresh Fruit or Fruit Cup Chicken Patty Sandwich
24 Monster Meatball Sub Carrot Sticks Fresh Fruit or Fruit Cup Smokin BBQ Riblet Sandwich	25 Savory Twin Soft Tacos Chilled Black Beans Fresh Fruit or Fruit Cup Buffalo Chicken Patty Sandwich	26 Mini Ravioli Breadstick Sautéed Spinach Fresh Fruit or Fruit Cup Philly Cheesesteak	27 Chili in a Bread Bowl Niblet Corn Fresh Fruit or Fruit Cup Classic Hamburger/Cheeseburger	28 Mozzarella Sticks Marinara Steamed Green Beans Fresh Fruit or Fruit Cup Chicken Patty Sandwich
Baked French Fries offered Daily for \$1.50 a la carte or \$1.00 w/ reimbursable meal purchase. 1% White Milk & Fat Free Chocolate Milk available with all meals Bagged Baby Carrots available daily				



**Cheese & Pepperoni Pizza offered Daily**  
Specialty Pizza offered daily

All pizzas feature low fat cheese, low sodium sauce, & whole grain crusts.



Daily Salads:

**Week 1:** Chicken Caesar/Garden Salad  
**Week 2:** Chef/Buffalo Chicken Salad  
**Week 3:** Chicken Caesar/Garden Salad  
**Week 4:** Chef/Buffalo Chicken Salad



**EVERYDAY  
CHOICES**

Veggie Burger on Bun  
Chicken Patty Sandwich  
Spicy Chicken Patty  
Sandwich  
Grilled Cheese

Menu Subject to Change