

Piscataway School District Piscataway High School Menu

June 2018

Our menus are aligned with the USDA's
"Healthier US School Challenge."



Build your own Sub with a
variety of fresh ingredients
and toppings

				1 Ham & Cheese Pretzel Melt Sweet Potato Chunk Fresh Fruit
4 Fish Sticks Sauteed Spinach Fresh Fruit	5 Rodeo Burger Roasted Carrots Fresh Fruit	6 Pasta w/Meatballs Steamed Broccoli Dinner Roll Fresh Fruit	7 Hot Turkey Sandwich Steamed Green Beans Fresh Fruit	8 Jamaican Beef Patty Sweet Peas Fresh Fruit
11 Beef Chili over Rice Steamed Carrots Fresh Fruit	12 Chicken Nuggets Steamed Broccoli Dinner Roll Fresh Fruit	13 Final Exams NO LUNCH	14 Final Exams NO LUNCH	15 NO SCHOOL Eid Al-Fitr
18 Final Exams NO LUNCH	19 Final Exams NO LUNCH	20 Final Exams NO LUNCH		
				Fresh fruits & vegetables available daily

PIZZA

Cheese & Pepperoni Pizza offered Daily

Specialty Pizza offered daily

All pizzas feature low fat cheese, low sodium sauce, & whole grain crusts.

Daily Salads:

FAST TAKES

Week 1: Chicken Caesar/Garden Salad

Week 2: Chef Salad/Chicken Salad

Week 3: Chicken Caesar/Garden Salad

1% White Milk
& Fat Free
Chocolate
Milk available
with all meals
Bagged Baby
Carrots
available daily

Daily Grill
Selections

EVERYDAY SELECTIONS
Veggie Burger on a Bun
Chicken Patty Sandwich
Spicy Chicken Patty
Grill Cheese
Hamburger/Cheeseburger

Menu Subject to Change