



**October 2018  
Breakfast  
Piscataway High School**



**Our menus are aligned with the USDA's  
"Healthier US School Challenge."**

1 Turkey Ham, Egg & Cheese On a Bun Fresh Fruit 100% Juice Low Fat Milk	2 Pancakes Fresh Fruit 100% Juice Low Fat Milk	3 Breakfast Pizza Fresh Fruit 100% Juice Low Fat Milk	4 Cinnamon Pull Apart Fresh Fruit 100% Juice Low Fat Milk	5 French Toast Sticks Turkey Sausage Fresh Fruit 100% Juice Low Fat Milk
8 Turkey Ham, Egg & Cheese On a Bun Fresh Fruit 100% Juice Low Fat Milk	9 Pancakes Fresh Fruit 100% Juice Low Fat Milk	10 Breakfast Pizza Fresh Fruit 100% Juice Low Fat Milk	11 Cinnamon Pull Apart Fresh Fruit 100% Juice Low Fat Milk	12 French Toast Sticks Turkey Sausage Fresh Fruit 100% Juice Low Fat Milk
15 Turkey Ham, Egg & Cheese On a Bun Fresh Fruit 100% Juice Low Fat Milk	16 Pancakes Fresh Fruit 100% Juice Low Fat Milk	17 Breakfast Pizza Fresh Fruit 100% Juice Low Fat Milk	18 Cinnamon Pull Apart Fresh Fruit 100% Juice Low Fat Milk  ½ DAY SCHEDULE	19 French Toast Sticks Turkey Sausage Fresh Fruit 100% Juice Low Fat Milk  ½ DAY SCHEDULE
22 Turkey Ham, Egg & Cheese On a Bun Fresh Fruit 100% Juice Low Fat Milk  ½ DAY SCHEDULE	23 Pancakes Fresh Fruit 100% Juice Low Fat Milk	24 Breakfast Pizza Fresh Fruit 100% Juice Low Fat Milk	25 Cinnamon Pull Apart Fresh Fruit 100% Juice Low Fat Milk	26 French Toast Sticks Turkey Sausage Fresh Fruit 100% Juice Low Fat Milk
29 Turkey Ham, Egg & Cheese On a Bun Fresh Fruit 100% Juice Low Fat Milk	30 Pancakes Fresh Fruit 100% Juice Low Fat Milk	31 Breakfast Pizza Fresh Fruit 100% Juice Low Fat Milk		

**Available Daily  
Assorted Bagel Sandwiches  
Fresh Bagels**



**Fruit and Yogurt  
Smoothies and Parfaits  
Available at the Breakfast**

**Offered Daily w/ Reimbursable Breakfast  
Fresh Fruit  
100% Fruit Juice  
Low Fat & Fat Free Milk**

**Menu subject to change**

Sodexo  
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